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# Intermittent white noise exposure is associated with rat cochleae damage and changes in the gene expression

Maryam Mirzaei Hotkani<sup>1</sup> , Mohammad Reza Monazzam Esmaeilpoor<sup>1</sup> , Monireh Khadem<sup>1</sup> , Amir Abbasi Garmaroudi<sup>1</sup> and Kolsoum Inanloorahatloo<sup>2\*</sup>

## Abstract

**Background:** Noise, a physical factor in most work environments, has many effects on human health. Exposure to excessive noise can modify the expression of associated genes with NIHL. The aim of this study to elucidate changes in expression of *GJB2* and *SLC26A4* after exposure to intense noise which are the most frequent causing genes to apparent autosomal recessive non-syndromic hearing loss.

**Methods:** In this experimental and case-control study, 17 male Wistar rats were randomly divided into exposure groups ( $n = 12$ ) and without exposure ( $n = 5$ ). First group was exposed to noise (90–120 dB, 70 Hz–16 kHz, 8 h/day) for 3–6 days. Cochlear biopsies performed 1 h and 1 week post-exposure, relative gene expression levels were calculated using  $2^{-\Delta\Delta C_t}$ . From each group, one ear was stained by hematoxylin and eosin method for histopathological survey. Real-time PCR technique took place, and gene expression data were normalized by *GAPDH* gene. One-way ANOVA test was performed with a significance level of 0.05 by GraphPad prism software.

**Results:** Both *GJB2* and *SLC26A4* in all groups were down-regulated after exposure compared to their controls. Fold changes in the highest times were related to 1 week after 6 days of exposure, 0.052 and 0.015, respectively. Serious damages occurred in different parts of cochlea, and they were more severe after 6 days and 1-week later.

**Conclusion:** It is expected that if the hearing threshold tests be performed before/after exposure and considering longer post-exposure times, subsequently, the expression of these genes does not return to basal level, and irrecoverable damage to the cochlea, progressive and irreversible ARNSHL will be expected.

**Keywords:** Gene expression, *GJB2* gene, *SLC26A4* gene, Intermittent white noise, Cochlea, NIHL, ARNSHL

## Background

Noise, as a physical factor in most work environments, has many effects on human health, including Noise-induced hearing loss (NIHL), endocrine secretion, hypertension, stress, irritability and decreased performance [1, 2]. Over time, excessive acoustic stimulation has resulted in changes in the morphology and function

of the inner ear [3]. Hearing loss (HL) is a heterogeneous disorder that has many environmental and genetic causes. Congenital hearing loss is the most common sensorineural disorder, affecting approximately one in 1000 newborns [4–7]. Previous studies have identified several genes involved in the cochlea's response to acoustic damage, which are primarily associated with various biological processes such as transcriptional control, oxidative stress, various molecular pathways and inflammation [8]. Therefore, exposure to excessive noise affects the expression of genes that seems to be important for the development of NIHL in mice [3].

\*Correspondence: Inanloo@ut.ac.ir

<sup>2</sup> Department of Cell and Molecular Biology, School of Biology, College of Science, University of Tehran, Tehran, Iran  
Full list of author information is available at the end of the article

To date, more than 80 various DFNB loci have been associated with autosomal recessive non-syndromic hearing loss (ARNSHL), which are considered in up to 80% of prelingual congenital deafness. Among them, DFNB1 locus harbors the most frequent cause of ARNSHL (up to 50%), the *GJB2* gene (gap junction: potassium ion homeostasis, also known as CX26). DFNB4 harbors the second common gene that causes ARNSHL worldwide, *SLC26A4* (anion exchanger). Regarding to this point, these genes are selected to assess the effects of noise on them [9–11].

Connexin26 is a member of the gap junction family, and the constituent proteins of this family are generally named based on their molecular weight. They have the highest expression in the basal and intermediate cells of the stria vascularis, the supporting cells, the spiral limbus and the spiral prominence of human and rat cochlea [5, 12–14]. *GJB2* is a small gene that is located on 13th chromosome at position 13q12.11 in human (*Homo sapiens*) and on 15th chromosome at position 15p12 in rat (*Rattus norvegicus*). This gene consists of three exons which in both species are separated by an intron and encodes a member of the gap junction protein family [15]. CX26 is one of the key proteins involved in potassium ion homeostasis in the cochlea and is responsible for the formation of gap junctions that allow small molecules to be transferred [16]. Impairment of the CX26 gap junction complex can impair the recovery of potassium ions from synapses at the base of hair cells on the lateral wall of the cochlea [14]. Considerable changes in the endolymphatic potassium concentration have been observed in noise-induced hearing loss; therefore, CX26 could play an important role in the pathophysiological mechanisms of acoustic trauma [14].

Mutations in the *SLC26A4* gene are associated with two types of ARNSHL, Pendred syndrome and DFNB4 non-syndromic hearing loss. This protein coding gene is located on 7th chromosome at position 7q22.3 in human (*Homo sapiens*) and on 6th chromosome at position 6q16 in rat (*Rattus norvegicus*) and consists of twenty-three and twenty-six exons in both species, respectively. The *SLC26A4* gene encodes an anion transporter known as pendrin. The high expression of *SLC26A4* in the thyroid gland, inner ear and kidney can play a role in the acid–base balance as a chloride–bicarbonate exchanger or indirectly modulate the endolymphatic calcium concentration [6, 17–19]. Pendred syndrome, a disorder usually diagnosed by Goiter, results in severe to profound HL due to a change in the inner ear at birth, and the clinical distinction between this syndrome and DFNB4 is difficult, because of the Goiter phenotype [6, 20].

To the best of our knowledge, there are only a few studies on the functional role of *GJB2* (CX26) [14, 21], and

no studies have been discussed on the role of *SLC26A4*, the genes concerned within the development of sensorineural hearing disorder in healthful animals due to exposure to environmental stimuli factor such as noise. In this study, the real-time PCR method was applied on cochlear labyrinth to elucidate the changes in the expression of *GJB2* and *SLC26A4* genes after exposure and also after exposure cessation to intense noise, to provide valuable insights into the design of targeted protective interventions for the prevention of non-syndromic sensorineural deafness and new clues to the pathogenesis of hearing impairment in acoustic trauma.

## Methods

### Study design and setting

The present study is an experimental and case–control type to investigate the association between noise exposure and changes in gene expression in male Wistar rats which was conducted in the noise laboratory of the Tehran University of Medical Sciences, School of Public Health, Department of Occupational Health Engineering, in acoustic chambers.

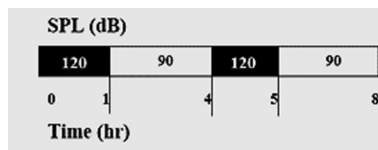
### Characteristics of animals

Seventeen male Wistar rats at the age of 8–9 weeks, which weighed 200–250 g at study onset [22], were obtained from the animal house of Pharmacology Faculty, Tehran University of Medical Sciences, and were kept in standard noise chambers at noise and vibration laboratory of Occupational Health and Engineering Department. The ambient conditions, such as 24 h temperature ( $23 \pm 2^\circ\text{C}$ ), humidity ( $50 \pm 5\%$ ), lighting (indirectly and uniformly by the laboratory lamp), required air (air blown through three pumps) and a 12 h light/12 h dark cycle (7 a.m. to 7 p.m.), were controlled, and animals had ad libitum access to food (oval pellets) and water all the time. The rats were auditory healthy and had no problems, and then, they were randomly divided into 3 groups (2 cases and 1 control group) and were housed inside the chambers, next given a week to adjust to the new conditions.

### Noise exposure

The animals were housed in 5 chambers and were allowed to move freely during exposure to noise. Control rats, without exposure ( $C=5$ ), were saved in one chamber with 50 dB background noise, and the exposed groups ( $Ex=12$ ) were sited in four chambers, three rats per each in order to reduce overlap during noise stress. The noise protocol was designed for intermittent white noise exposure for 3 and 6 days 8 h/day (Fig. 1).

The noise characteristics such as frequency band and SPL (sound pressure level) were 70 Hz–16 kHz and



**Fig. 1** Experimental method and design for intermittent white noise exposure. Exposure 8 h/day of 70 Hz–16 kHz at 90–120 dB for 6 days

90–120 dB, respectively (Fig. 1), which were produced by Cubase (5th version) and presented through a series of loudspeakers (4 per each chamber, every 20 W, 6  $\Omega$ ) placed on the ceiling of the chamber and suspended 40 cm above the rats. Finally, the four speakers were routed via a headphone port outside the chamber and connected to 100 W amplifiers in order to amplify the output sound. The SPL of the noise was monitored using a sound level meter (Sound Analyzer, Model TES1358, Taipei, Taiwan).

#### Cochlear collection of specimens

Half of the randomly exposed rats were deeply anesthetized by the CO<sub>2</sub> gas immediately 1 h and 1 week after exposure cessation at the end of the third day, and the remaining animals were killed at the end of the sixth day according to the above approach. Then, their head were split in two parts by Mayo scissors, brains were detached from skull and surgery was performed under a loop microscope to reach the temporal bones and cochlea. Using the external auditory meatus and the auditory nerve (paired nerve 8) as a guide, the thumb is placed inside the tympanic bulla, with an external movement and slight twist, and it is separated from other structures so that the cochlear tissue is loosened and secreted. From each group (Ex., C), the right cochlea of a rat was fixed in 4% formaldehyde for the H&E staining (overall 5 samples) and the left cochlea was frozen (overall 29 samples) for the gene expression analyses. All frozen dissections were stored at  $-80^{\circ}\text{C}$  until processed [23].

#### RNA extraction procedure

Total samples (average weight of each = 50 mg) were physically disrupted by rotor–stator 5000  $\times$  g and homogenized in 250  $\mu\text{l}$  of cold TRIzol lysis buffer for 90 s. The solution was incubated for 5–10 min at room temperature, and then, the amount of 250  $\mu\text{l}$  chloroform was added and strongly shaken for 15 s. Microtubes were incubated on ice for 5–10 min and then centrifuged (Hettich, Germany) at 12,000 rpm for 15 min at  $4^{\circ}\text{C}$ . The upper clear transparent aqueous phase, containing RNA, was slowly separated with a sampler and poured into another microtube and mixed with 500  $\mu\text{l}$  of cold 100% isopropanol and turned the microtube inverted twice

**Table 1** Incubation temperature instructions

1. Incubate 10 min at  $25^{\circ}\text{C}$
2. Incubate 60 min at  $47^{\circ}\text{C}$
3. Stop the reaction by heating at  $85^{\circ}\text{C}$  for 5 min
4. Chill on ice or at  $4^{\circ}\text{C}$

to mix well. Next, the isopropanol was completely emptied and the sediment was diluted with 250  $\mu\text{l}$  of 75–80% ethanol and again centrifuged at 12,000 rpm for 5 min at  $4^{\circ}\text{C}$ . The upper phase was then discarded and the sediment allowed to dry for 15 min at room temperature; after decolorization of the sediment, depending on its amount, 10–30  $\mu\text{l}$  of DEPC or TE sterilized water was added due to the dissolution, and then, the microtubes were placed at  $55^{\circ}\text{C}$  on dry block incubator (QIAGEN, Iran) for 15 min [23].

#### Quantitative RT-PCR

The buffer-mixture, RT-enzyme, primer (with a mixture of oligo (dT) and Random Hexamer) and DEPC-treated water were poured in a 0.2 microtube after centrifugation according to the instructions in the cDNA Reverse Transcription Kit (Easy<sup>TM</sup> cDNA Synthesis Kit, Parstous, Iran) per each sample and then distributed to RNA-containing microtubes. After the vortex solution, the incubation of the cDNA synthesis reaction was performed according to the temperature instructions of the corresponding kit (Table 1) in a dry block incubator (Kiagen, Iran) and finally kept at  $4^{\circ}\text{C}$  temperature until PCR done.

To diagnose the effect of intermittent white noise on rat cochlea, the mRNA expressions of *GJB2* and *SLC26A4* genes in the cochlea were assessed by quantitative real-time polymerase chain reaction (qPCR). The quantitative PCR was carried out on ABI StepOne machine (USA) and StepOne software (ver. 2.0.2), using a SYBR Green kit (2X Real-Time PCR Master Mix For SYBR<sup>®</sup> Green I high ROX, BioFACT<sup>TM</sup>, Korea). According to the BioFACT instruction, the 10  $\mu\text{l}$  reaction was used for each well of the 48-well plate (ABI StepOne). This reaction contained 4  $\mu\text{l}$  Master Mix, 4  $\mu\text{l}$  DEPC-treated water, 1  $\mu\text{l}$  mixed forward and reverse primers and 1  $\mu\text{l}$  of cDNA sample. The primers for RT-PCR assays of *GJB2* and *SLC26A4* genes were extracted from the published studies [24, 25], and the *GAPDH* gene was designed using the Oligo7 software (Table 2). All were verified by the NCBI Primer BLAST site and then synthesized by the SinaClon Company in Iran.

The temperature conditions of the PCR were as follows [22]: one cycle with  $95^{\circ}\text{C}$  for 10 min (denaturation I) and then 40 cycles in three steps:  $95^{\circ}\text{C}$  for 15 s (denaturation II),  $60^{\circ}\text{C}$  for 15 s (annealing) and  $72^{\circ}\text{C}$  for 15 s

**Table 2** The primer sequences of the three genes examined

No.	Gene target	Primer Seq. (5'–3')	TM	GC%
1	<i>Rat GJB2</i>	F: TCACTGTCTCTTCATCTTCCG	60.25	50
		R: CTTCCGTTTCTTTTCGTGTCTC	58.39	45.45
2	<i>Rat SLC26A4</i>	F: CATCATGCCTGGCTGGTTCT	59.35	55
		R: TGGACACCAACATTCCGTCA	57.3	50
3	<i>Rat GAPDH</i>	F: AAGTTCAACGGCACAGTCAAGG	61.58	50
		R: CATACTCAGCACCAGCATCACC	61.32	54.55

(extension). Also, one cycle has done for melting curve in three steps: 95 °C for 15 s, 60 °C for 1 min, and then, the temperature rose by 0.3–0.3 till 95 °C. Eventually, this cycle finished at 95 °C after 15 s. The relative gene expression level was calculated using the  $2^{-\Delta\Delta C_t}$  method and then normalized to the expression levels of the *GAPDH* gene. The entire process follows from The MIQE Guidelines Minimum Information for Publication of Quantitative Real-Time PCR Experiments [26].

#### Histopathological image analysis

The microscopic examination of a stained tissue sample on glass slides to examine the symptoms of a disease is known as histopathology [27]. Samples were prepared according to the following protocol: 1. *Fixation* of the samples (3cochlea) in 10% formalin for 24–72 h. 2. *Dehydration* by placing in 70%, 80%, 96% and 100% ethanol, respectively, 1 h each. 3. *Clearing* by remaining in Xylen-1 and Xylen-2, 40 min each. 4. *Infiltration with wax-1 and wax-2* in the oven, 1 h each. 5. *Embedding or blocking out*. 6. *Sectioning* paraffin samples 5–10 microns thick using a machine called Microtome (Rotary Microtome, Leica Biosystems, Germany). After that, the incisions were

placed in a floating tissue bath which containing alcohol solution then adhered to the lam by albumin material. 7. *Paraffin removal* by heating in an oven at 95°C for 15 min. 8. *Clearing* 15 min by immersion in Xylen-1, Xylen-2 and Xylen-3. 9. *Tissue hydration*, 1 dip in each of 100%, 96%, 80%, 70% ethanol and washing with tap water. 10. *Staining* 3 min by hematoxylin then washing by tap water, staining 30 s by Eosin and washing again by tap water. 11. *Dehydration* by dipping 3 times in 96% and 1 dip in 100% ethanol. 12. *Clearing* by dipping 3 times in Xylen-1, and so on in Xylen-2 and Xylen-3. 13. *Mounting* the lam using Entellan™, rapid mounting medium for microscopy (Merck, Germany). 14. *Imaging* via light microscopy (Labomed, USA) and magnifications (4×, 10×, 40×) with the Image J software [28].

#### Statistical analyses

The descriptive statistics of each gene groups are presented in Tables 3 and 4. The hypothesis of normality was performed using Shapiro–Wilk statistical test, and one-way ANOVA test was used to determine the significant mean differences between groups, followed by Tukey's test for *post hoc* comparisons. *P* value < 0.05 was considered statistical significance. All analyses were carried out with the statistical software, GraphPad Prism (Version 8, Inc., USA).

#### Results

##### Melt curves

Melting curves in all samples were sharp, single-peaks and corresponded to same temperature for all three genes, *CX26*, *SLC26A4* and *GAPDH*, indicating acceptable results.

**Table 3** Descriptive statistics of the *SLC26A4* gene expression in different groups

	3 days—1 h post-exposure	3 days—1 week post-exposure	6 days—1 h post-exposure	6 days—1 week post-exposure	Control
Mean	0.009621	0.01251	0.003658	0.000496	0.03272
Std. deviation	0.005181	0.004279	0.001272	0.000293	0.01645
Std. error of mean	0.002991	0.00247	0.000735	0.000169	0.007357

**Table 4** Descriptive statistics of the *GJB2* gene expression in different groups

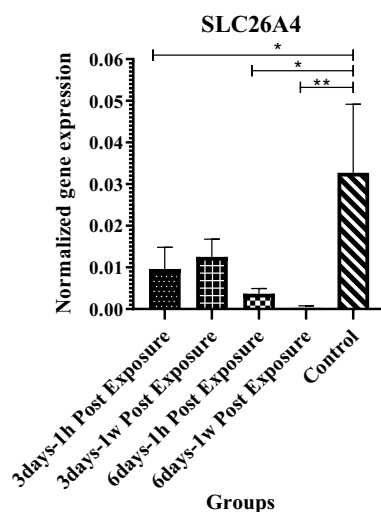
	3 days—1 h post-exposure	3 days—1 week post-exposure	6 days—1 h post-exposure	6 days—1 week post-exposure	Control
Mean	0.01178	0.00437	0.002914	0.001063	0.02053
Std. deviation	0.002257	0.000793	0.001764	0.000614	0.01353
Std. error of mean	0.001303	0.000458	0.001019	0.000355	0.006049

### Noise exposure effects on relative gene expression of CX26 and SLC26A4

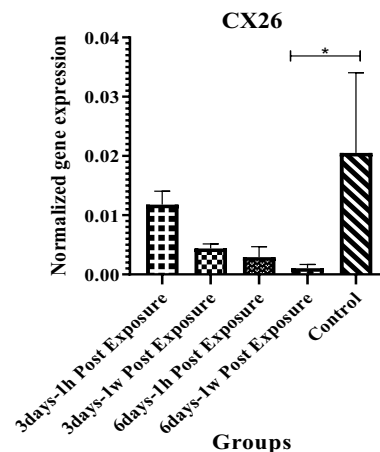
Real-time PCR assay revealed that the expression levels of *GJB2* and *SLC26A4* were decreased in all noise groups and post-exposure points; although this reduction in expression of both genes did not return to baseline in any of groups, the expression level of *SLC26A4* increased slightly 1 week after interruption for 3 days of exposure compared to the 1 h discontinuation point, but this is not significant (Fig. 2). The expression of the *SLC26A4* gene decreased significantly in 3 groups (ANOVA,  $F=6.842$ ,  $R^2=0.6952$ ,  $P$  value = 0.0041), and the expression of the *GJB2* gene decreased significantly 1 week after interruption for 6 days of exposure (ANOVA,  $F=4.182$ ,  $R^2=0.5823$ ,  $P$  value = 0.0239) (Figs. 2, 3). Figures 2 and 3 also compare the expression levels of both genes separately in different study groups, and also their relative gene expression (fold change) is shown in Figs. 4 and 5.

### Noise-induced Histological changes in the cochlea of rats that differ in their noise exposure groups

Internal/external hair cells and supporting cells in the exposed groups for 6 days showed more destruction after 1 week of cessation. In addition, damage to the basal lamina of the Reissner membrane and the auditory nerve ganglions were greater in these groups. In the exposed groups for 3 days, the rate of damage to the internal/external and supporting hair cells in 1 h after surgery was



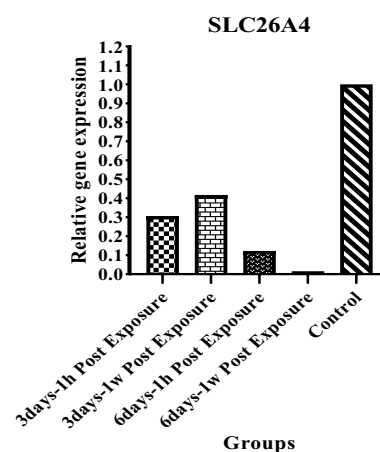
**Fig. 2** Effect of intermittent white noise exposure on relative gene expression of *SLC26A4* in rat cochlea. The Shapiro–Wilk normality alpha was > 0.05 for all groups. *GAPDH* was used for housekeeping gene. One-way ANOVA was used for statistical comparisons, and 30% of them were significant. Data were illustrated as mean  $\pm$  SEM. From top of the graph \* $P=0.04$ , \* $P=0.01$  and \*\* $P=0.005$



**Fig. 3** Effect of intermittent white noise exposure on relative gene expression of *CX26* in rat cochlea. The Shapiro–Wilk normality alpha was > 0.05 for all groups. *GAPDH* was used for housekeeping gene. One-way ANOVA was used for statistical comparisons, and 10% of them were significant. Data were illustrated as mean  $\pm$  SEM. \* $P=0.03$

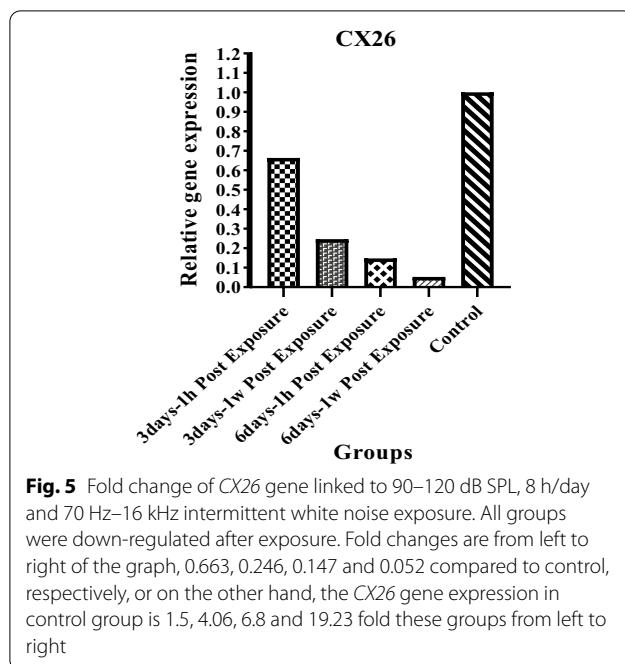
less than 1 week and this damage was less vigorous than the 6 days of exposure (Fig. 6).

As the graphs illustrated, the expression of the *SLC26A4* gene at the end of the first 3 days and after 1 week of interruption with this noise did not change significantly compared to 1 h of discontinuation, but showed a very slight increase. 1 h after the end of the second 3 days, the expression of this gene decreased more



**Fig. 4** Fold change of *SLC26A4* gene linked to 90–120 dB SPL, 8 h/day and 70 Hz–16 kHz intermittent white noise exposure. All groups were down-regulated after exposure. Fold changes are from left to right of the graph, 0.306, 0.417, 0.122 and 0.015 compared to control, respectively, or on the other hand, the *SLC26A4* gene expression in control group is 3.26, 2.4, 8.2 and 66.66 fold these groups from left to right





than two previous groups and demonstrated the greatest deterioration a week later; therefore, both were statistically significant compared to the control group. One week after 3 days of exposure, expression of the *GJB2* gene decreased more than 1 h and this down-regulation continued until one week after 6 days of exposure which expressed the only significant point compared to the normal group.

## Discussion

NIHL is a complex disease influenced by personal, environmental and genetic factors. Workers exposed to similar noise levels may have different levels of hearing impairment, suggesting a genetically predisposed role [29].

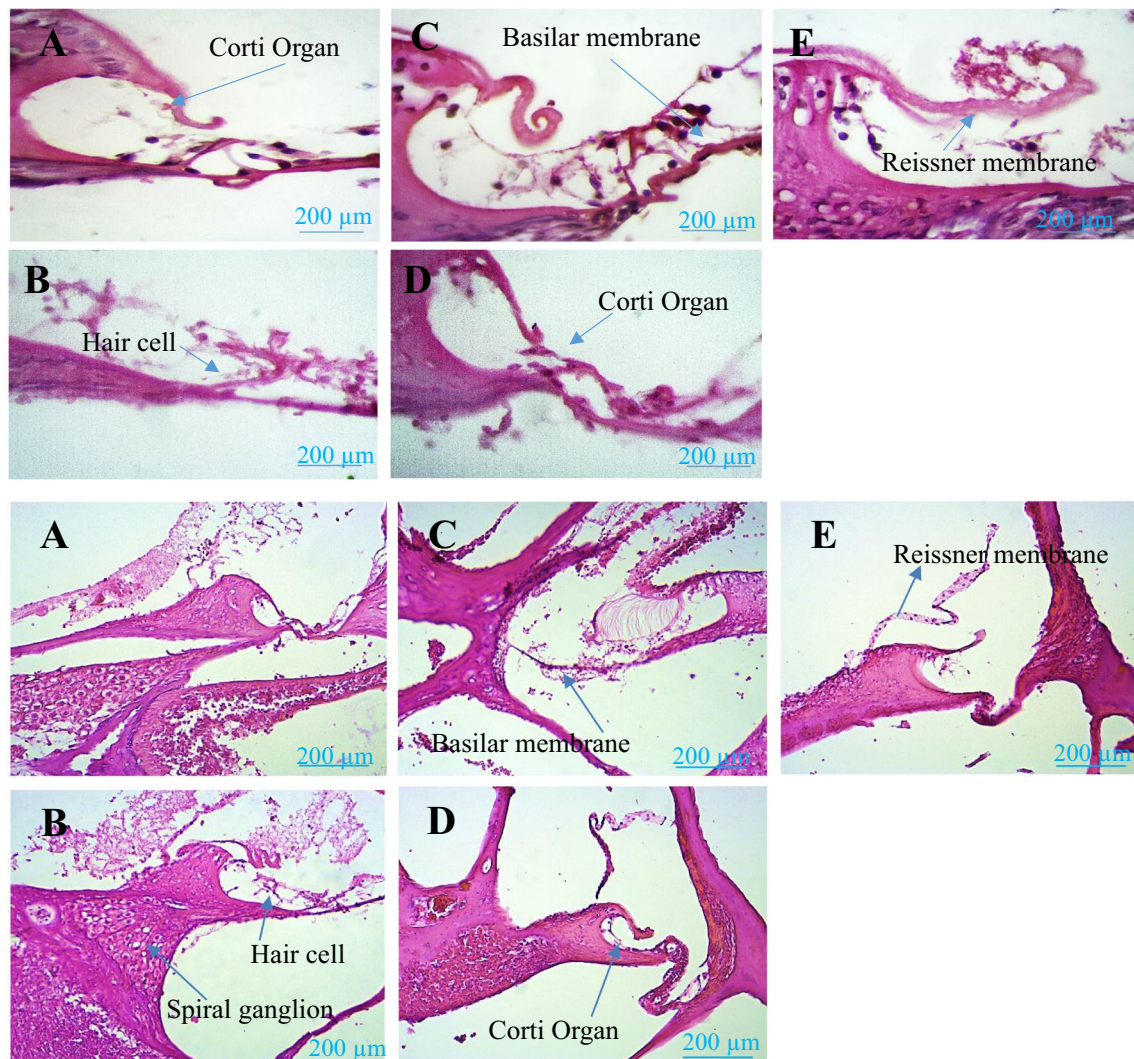
Results of the study by Chung et al. in 2004 on the expression of the CX26 protein in the lateral wall of the cochlea of the male Wistar rat (continuous white noise exposure,  $115 \pm 5$  dB, central frequency of 4 kHz for 48 consecutive hours) showed significant HL in the exposed cochlea. These parts of the findings are compatible with the present study, as the histological images showed damage to the inner and outer hair cells, Reissner membrane, supporting cells, basal lamina and damage to the auditory nerve ganglions in face of similar noise.

Another finding from Chung's study was a significant increase in CX26 protein expression in the side wall of the animal's cochlea, which is inconsistent with the results of this study. The reason for this discrepancy may be one of the following: First, in our study, the expression

level of CX26 gene was measured at mRNA level by real-time PCR; however, Chung et al. tracked protein expression using Western Blot technique. Second, in the present research, the expression of CX26 gene was tested in the entire cochlea, while in the Chung's study, the expression of this gene was calculated only in the lateral wall of the cochlea. The final cause was the animal's lack of rest time in the Chung's noise protocol, which was carried out continuously over 2 days (48 h); in contrast, the protocol of the present study was designed for exposure to intermittent white noise for 3–6 days (8 h/day). [14].

In 2009, Wang and colleagues investigated the effect of the CX26 protein on cochlear maturation in *cCX26*-transgenic null mice that lacked the *GJB2* gene after birth. The main outcome of this study was the confirmation of the critical role of CX26 in cortical organ maturation after birth and prior to the onset of hearing. The results of this investigation and recent published studies indicated cell death occurs after the block of cortical organ growth and development, so CX26 plays a notable role in the maturation of the cochlea's sensory epithelium because recycling of potassium ions by gap junctions in this area is disrupted. During acoustic stimulation, potassium ions from the endolymph penetrate the hair cells through mechanical conduction channels, and potassium ions that have accumulated around the base of the hair cells are quickly absorbed by the cochlear supporting cells, through the gap junctions and recycled back to the endolymph. The essential role of the *GJB2* gene and its protein in the maturation of the Corti organ and cochlear and also its remarkable cellular role in the  $K^+$  recycling pathway and exposure to noise can alter the cochlear structure and transmit the neural message, which agrees with the results of the present study [30].

Alagramam et al. conducted a study in 2014 that examined changes in gene expression using QPCR and microarray methods in the cochlea of CBA/CaJ mice that had been exposed to 110 and 116 dB noise for 1 h. Following the exposure, 243 genes were up-regulated and 61 genes were down-regulated (calcium channel genes: *Cacna1b* and *Cacna1g*). Noise exposure causes calcium to penetrate sensory cells, which promotes HL, so that down-regulation of calcium channel-dependent genes can negatively affect this mechanism and cause HL. From this finding and the discoveries of Chung's study, it can be concluded that the reduction in the expression of the *GJB2* gene and subsequent changes in the expression of the CX26 protein can influence the entrance mechanism of potassium ions into the cochlear hair cells and the conversion of mechanical signals generated by noise into neural signals and ultimately affect the recovery of these ions to the supporting cells negatively, thus promote HL [14, 31].



**Fig. 6** Distinct histological characteristics of the rat cochlea with or without noise exposure ( $\times 40$  above,  $\times 10$  bottom). Arrows indicate different sections of cochlea. The tissues were stained by hematoxylin and eosin, and the scale bars correspond to 200  $\mu\text{m}$ . **A** Microscopic image of control group, **B** surface stained image of the cochlea from Wistar-type rat, which is killed 1 h after cessation of noise exposure for 3 days versus **C** structure of the exposed cochlea to noise with further damage for 3 days after 1 week of discontinuation, **D** representative image of exposing for 6 days and killed 1 h after cessation of noise exposure versus **E** 6 days after noise exposure that is maintained through 7 days. Generally, damage to different sections of the cochlea against 6 day of noise was greater than in 3 days of exposure, and in both protocols, injury was more severe one week later than 1 h

According to a study by Ito et al. in 2015 the reduced expression of the *SLC26A4* gene and its effect on the cochlea were investigated in an animal model. The results showed degeneration and loss of stria vascular function, relatively severe and progressive HL, enlarged endolymph space and decreased endocrine cochlear potential (ECP) in 12-month-old mice, as well as thickening and edema of the striae and decreased ABR threshold in 3-month-old mice. In addition, in 12-month-old mice at the apical level of the cochlea, pathogenic heterogeneity was observed, as well as a decrease in the expression of

the *KCNQ1* gene, which is involved in the production of potassium channels and helps to maintain proper ionic balance for normal hearing. According to this, decreased *SLC26A4* gene expression can be blamed for some damage to hair cells and spiral ganglion cells of the exposed cochlear and irreversible HL is predictable [32].

Following the previous study, the same team conducted another one on genetically modified mice in 2016, and results showed that discontinuing antibiotics prescription during the critical period led to increase HL and general degeneration of the stria vascularis occurred in

one-month mice. However, re-stimulation of *SLC26A4* gene expression in the cells of this segment improved the ECP and prevented auditory changes in them. Hence, the principal role of the *SLC26A4* in maintaining hearing in other ototoxic conditions, such as exposure to noise in the cochlea, was shown and its reduction is considered to be the cause of hearing changes in rats [33].

In 2016, Yang et al. investigated the first genes expressed in the immune defense of Dawley rat cochleae and CBA/J mice against acoustic trauma for 2 h at 120 dB, 1–7 kHz. Among the most basic genes in the rat cochlear immune response, twelve genes from the “Solute Carrier family,” *SLC25A18*, *SLC4A10*, *SLC41A3*, *SLC17A7*, *SLC7A1*, *SLC16A6*, *SLC25A29*, *SLC44A3*, *SLC16A4*, *SLC38A1*, *SLC29A23* and *SLC25A25*, were down-regulated, indicating a severe sensitivity of this gene family to noise exposure [8].

In 2019, Coyat et al. examined the morphological consequences of acoustic trauma in the Wistar rat cochlea, 21 days after cessation of exposure to 4–8 kHz, 119 dB single octave noise for 2 h. The histological results of Coyat’s study showed changes in the cochlea, destruction of the IHC and their fusion in the membrane of the Stereocilia, loss of spiral ganglion neurons, dislocation of the myelin sheath of the auditory nerve and permanent HL. The results of the present study and the previous one show a connection between damage to auditory nerve and internal/external hair cells and the occurrence of HL due to exposure to noise [34].

The expression of these genes in all exposure groups reduced strongly compared to their control group. Despite the significant effect in both gene groups, a remarkable influence on reducing the expression of the *SLC26A4* gene occurred. It can be said that this gene is much more sensitive to noise than *GJB2*, so that, to understand its cause, more studies should be done on auditory, neural and even molecular pathways. Nevertheless, part of this great difference in the expression of these two genes is related to the higher expression of the *SLC26A4* gene in the normal group than in the normal group of the *GJB2* gene, which takes into account the standard errors 0.040077 and 0.026579, respectively.

## Conclusion

Totally, down-regulated expression of both genes in all exposure groups, but one challenging group (Fig. 2) tried slightly to return to its original value after disconnection for a week. The decrease in the expression of these genes in the cochlea could be part of the endogenous mechanisms that protect the cochlea against noise exposure. Therefore, it can be expected that if the hearing threshold tests (ABR, DPOAE) be performed before and after exposure and considering the

longer post-exposure times up to several months, subsequently, the expression of these genes does not return to the initial level, and serious damage to the cochlea, progressive and irreversible HL can be expected. In this study, it is assumed that the reduced gene expression is due to cochlear damage or, conversely, the cochlear damage reduced the expression of these two genes. However, it is not clear whether the decreased gene expression in the damaged area of the cochlea is temporary, or the cochlea is trying to repair the damaged areas.

The overlap of our results with previous studies examining the effects of noise exposure in other laboratories illustrated a similar trend in increasing or decreasing in the expression of various genes, and other considerable and similar issues, such as the use of animal models, (mice, chinchilla, guinea pig), type of noise (impulse, continuous, intermittent) and duration of exposure to noise or duration of interruption before tissue harvest, corroborate the method used for the present study and the consequences of noise exposure at the molecular level.

The results have a great importance in terms of occupational health because whether changes in gene expression, or histopathological images, persistent noise exposure (6 days) and its association with further destruction of hair cells, the basilar membrane of the Corti organ and other critical hearing parts in the cochlea are proved well. In addition to the changes in the expression of indispensable genes involved in the occurrence of sensorineural deafness, the likelihood of developing non-syndromic deafness in the presence of the above conditions is considered. Such changes are expected to be more pronounced in prolonged exposure to higher sound pressure levels in animals and even in humans with more symptoms.

## Abbreviations

C: Control group; CX26/30: Connexin26/30; dB: Decibel; DFNB: Deafness Neurosensory Autosomal Recessive; Ex: Exposed group; GAPDH: Glyceraldehyde 3-phosphatedehydrogenase; GJB2: Gap junction beta-2; h: Hour; Hz: Hertz; H&E: Hematoxylin and eosin; HL: Hearing loss; IHC: Internal hair cell; kHz: Kilohertz; mRNA: Messenger RNA; NIHL: Noise-induced hearing loss; RT-PCR: Real-time polymerase chain reaction; *SLC26A4*: Solute Carrier family 26 member A4; Sec: Second.

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## Author contributions

MMH contributed to data collection, statistical analysis, data interpretation and manuscript preparation, MME was supervisor and involved in design, funding and manuscript review, MKh was consultant and contributed to data linkage management, ethics, data collection, data interpretation and



manuscript review, AAG was cooperator and involved in data collection and statistical analysis, and KI was supervisor and contributed to data linkage management, data collection, data interpretation and manuscript review. All authors read and approved the final manuscript.

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#### Availability of data and materials

All data generated or analyzed during this study are included in this published article [and its supplementary information files].

#### Declarations

##### Ethics approval and consent to participate

All procedures involving the use and treatment of animals have been approved by the *Institutional Laboratory Animal Care and Use Committee of our school* and with ethics ID *IR.TUMS.SPH.REC.1398.225* and thesis code *98-3-99-45875* and adhered to the ethical guidelines of the "Declaration of Helsinki". All efforts have been made to minimize the number of animals and their suffering.

##### Consent for publication

Not applicable.

##### Competing interests

The authors declare that they have no competing interests.

##### Author details

<sup>1</sup>Department of Occupational Health Engineering, School of Public Health, Tehran University of Medical Sciences, Tehran, Iran. <sup>2</sup>Department of Cell and Molecular Biology, School of Biology, College of Science, University of Tehran, Tehran, Iran.

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